

# The Tree of Kindness

## **Before Activity**

#### Ask pupils to think about kindness

How can we ensure we are nice towards each other? What ways can we show kindness?

Remember to display our IAM Tree to help students brainstorm, which can be found in our IAM Schools Pack.

### Ask pupils to think about Islamophobia

What do you think Islamophobia is? How can we practice kindness towards each other, particularly to our Muslim friends?

Get students to add 'leaves' to the tree with their answers, thoughts and feelings.

## After Activity

#### Reflect on the answers

What do you think of the answers? What can we all do to continue showing kindness to each other?

#### Create a set of kindness rules

Think about a way to display your answers as 'kindness rules', encouraging pupils to continue practicing kindness outside of the classroom.

Display on a projector and trace on large paper, or print as below.



